UNITED STATES KARATE ALLIANCE

BUSHIDO BULLETIN

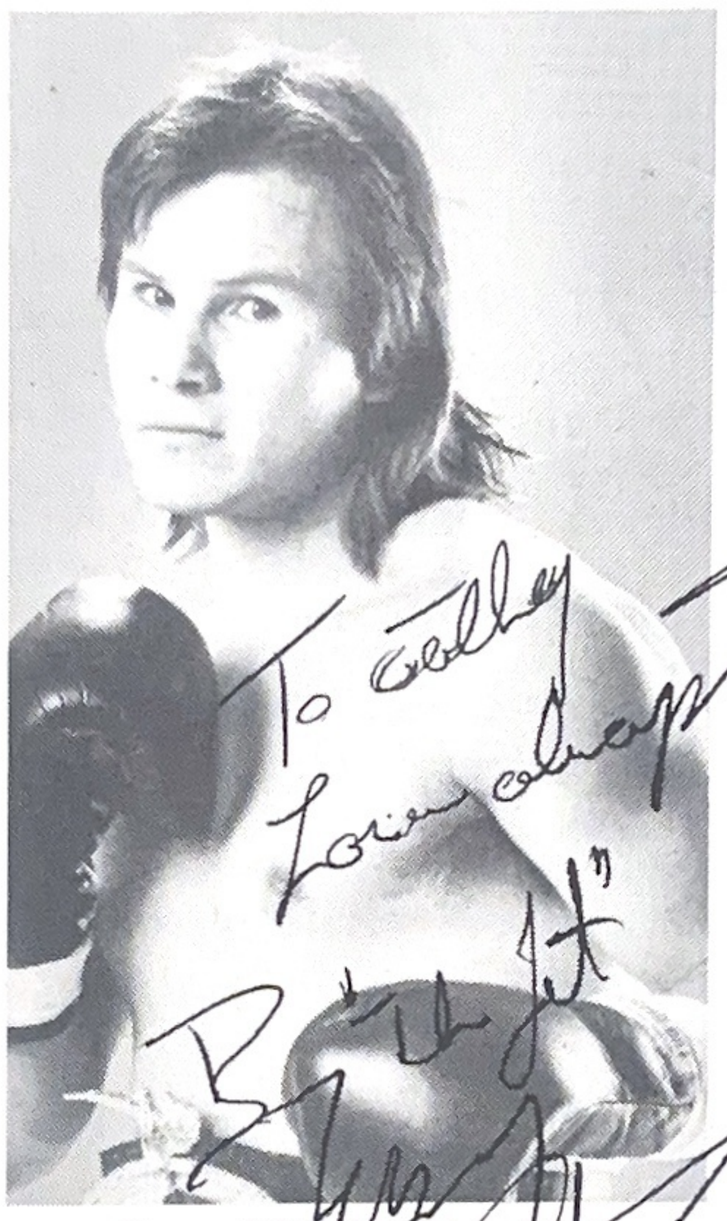
MARCH 1990 ISSUE NO. 12

ANNUAL SEMINAR TO BE HELD
March 23, 24 and 25, 1990
in Albuquerque, New Mexico

The United States Karate Alliance is honored to bring together some of the best knowon and most highly regarded people in the world of martial arts for a three-day series of seminars on March 23rd, 24th and 25th. Among those leading seminars will be Osamu Ozawa, Fumio Demura, Benny "The Jet" Urquidez, Nobuichi Oyakawa, C. Bruce Heilman and Robert H. Bowles. The United States Karate Alliance 1990 Seminar is the first of what will be an annual event designed to give Alliance members and non-members the opportunity to meet with and learn from the most knowledgeable people in their respective disciplines of the martial arts. Martial artists representing all styles and systems are welcome to participate and are, of course, encouraged to join the Alliance.

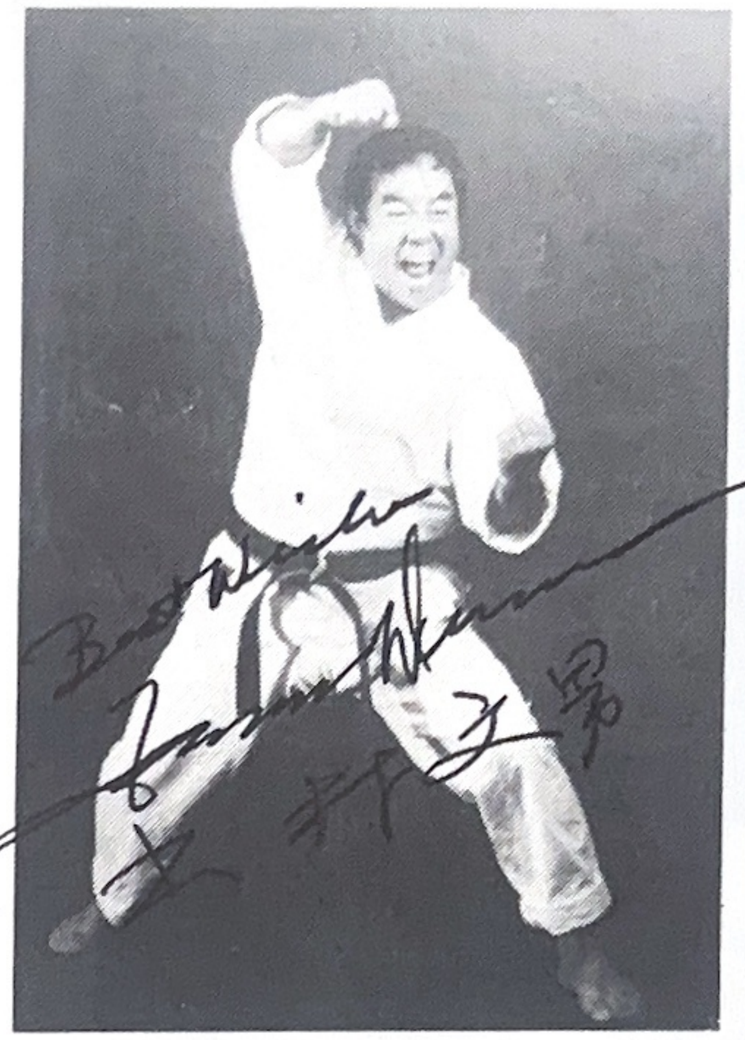
The site of this year's seminar is the Clarion Four Seasons Hotel in Albuquerque, New Mexico. The hotel is located at 2500 Carlisle NE. Seminar participants who wish to book a room at the hotel should make reservations no later than March 20 to receive discount room prices. Out of state reservations can be made by phoning 1-800-CLARION. The in-state phone number is 888-3311. The pre-March 20 cost for rooms is: $51 per night for a single or double and $58 per night for three or four people sharing a room.

Alliance members pre-registering for the seminars prior to March 20th will pay $55.00 per day or $150 for the entire three-day series. Pre-registration cost for non-Alliance members is $65 per day or $180 for the entire three-day series. After March 20th, Alliance members will be charged $65 per day or $180 for the three days. Non-Alliance members will pay $75 a day or $210 for the three days. A $10 discount is being made available to all students under age 17. Obviously, pre-registration not only ensures a slot for you in the seminars, but it saves you money.



Benny "The Jet" Urquidez

Instructors should also note that they can receive a 50% discount for the seminars if they bring between five and ten students. If an instructor brings more than ten students, the entire registration fee will be waived.

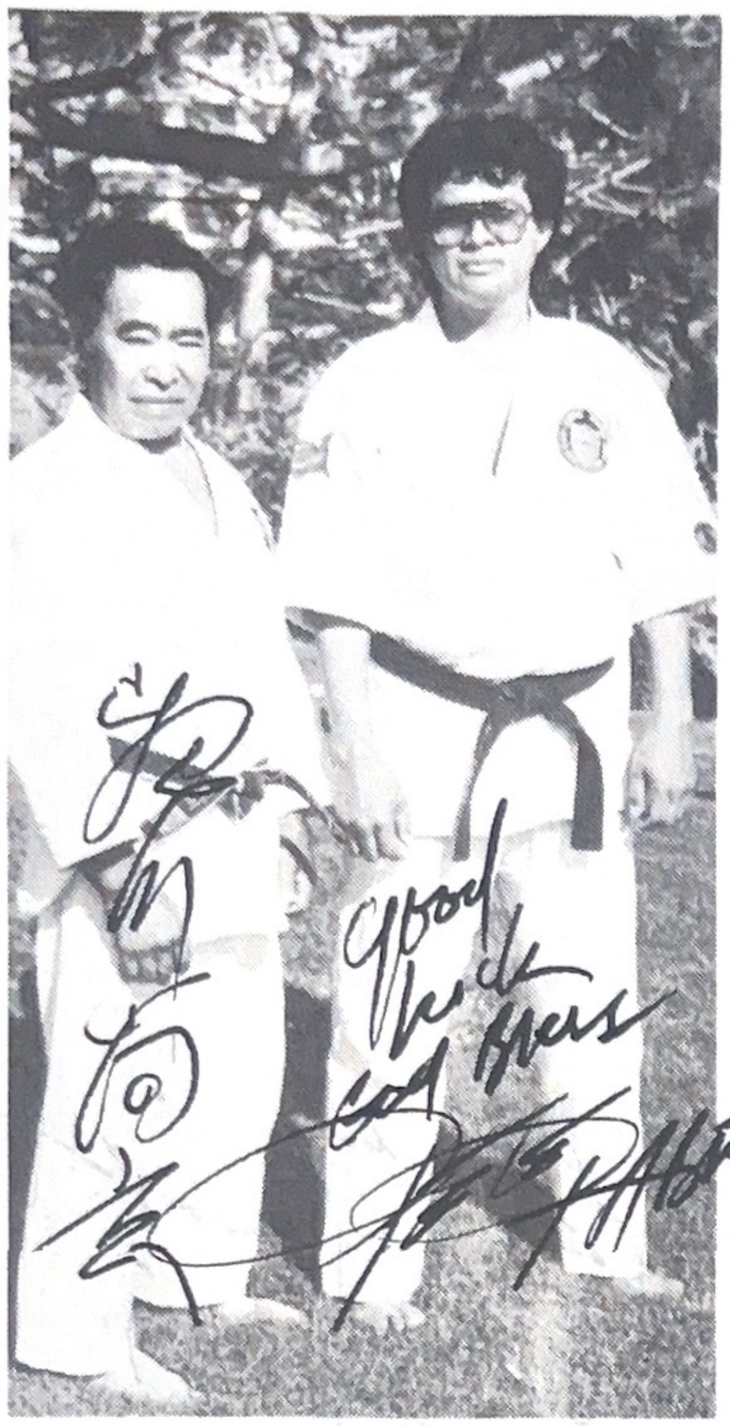


Fumio Demura

Seminar participants are responsible for making their own hotel reservations. The seminar fees, however, should be mailed ASAP to United States Karate Alliance Headquarters, P.O. Box 8643, Albuquerque, NM 87198. A preregistration form is enclosed with this issue. For further information, contact Alliance headquarters at 505-831-6202. Participants in the weapons seminars need to bring their own weapons. Beginning weapons practitioners are more than welcome to attend.

For the benefit of *Bushido Bulletin* readers who may not be familiar with the seminar leaders, here are brief profiles.

Osamu Ozawa is the highest ranking Japanese karate sensei in the Western Hemisphere. Ozawa Sensei has been involved in the martial arts for more than 50 years and holds an 8th dan in Shoto Kan karate. He is the presidential advisor to the United States of America Karate Federation (USAKF).



Nobuichi Oyakawa (l) with Pete Rabino, who will be assisting him at the seminar.

Ozawa Sensei started karate at the age of 13. In 1942 he attended Hosei University and joined the karate team where he studied under Master Gichin Funakoshi, the founder of Shoto Kan. In 1963 he moved to the United States and currently lives and teaches in Las Vegas, Nevada.

Ozawa Sensei will lead a general seminar on basics and form applicable to all styles. In addition, he will lead a one hour seminar on the katas Bassai Dai and Kanku Dai. This one hour seminar is open only to students familiar with the forms and will cost an additional $5 to the seminar fee.

Fumio Demura's name is familiar to anyone who has browsed through the martial arts shelves at bookstores everywhere. For more than four decades, Demura Sensei has studied kendo, judo, karate, kobudo, aikido and Iaido. Demura Sensei is president of the Japan Karate Federation International, director of the Japan Karate Federation of America, a member of the Technical Committee of the Amateur Athletic Union and the United States of America Karate Federation, U.S.A. chairman and chief instructor of the Japan Karate Federation Itosu-Kai, and director of Itosu-Kai International.

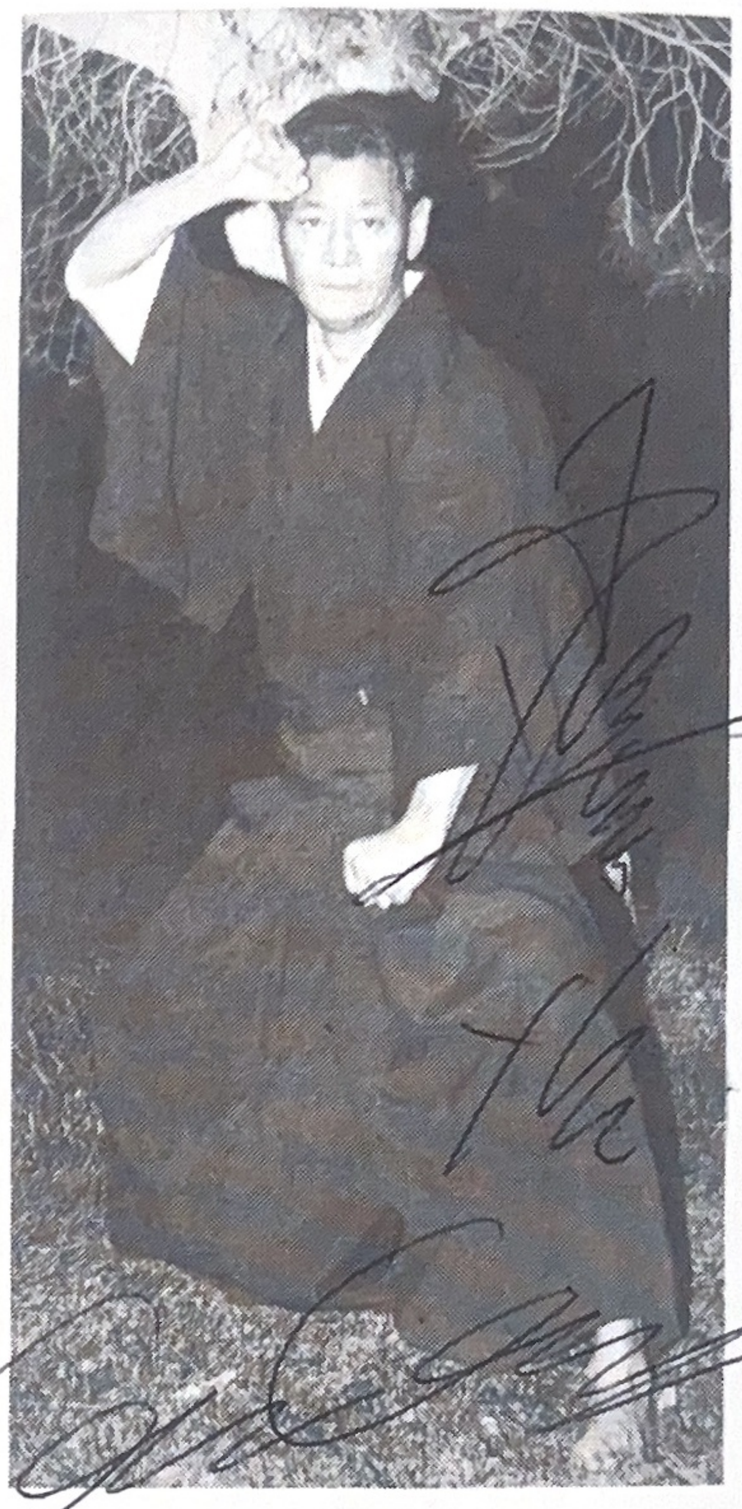
In 1961 Demura Sensei won the All Japan Championships. Black Belt Magazine presentd him with its Hall of Fame Instructor of the Year Award in 1969, and with its Man of the Year Award in 1975. He is also a 1973 recipient of the Golden Fist Award. As a special note for movie buffs, Demura Sensei served as Pat Morita's double in the fight sequences in the ***"Karate Kid"*** movies. He currently lives and teaches in Santa Ana, California. Demura Sensei will teach a general seminar for all styles on basics, kata and fighting techniques.

Benny "the Jet" Urquidez holds world kickboxing titles in lightweight, super lightweight and welterweight divisions. His ring record is 57-0 with 49 knockouts, and his fights have aired on national television. Urquidez has appeared in numerous feature films, has produced a highly acclaimed series of eight instructional tapes, and has authored several books on fighting techniques and strategy. He is also the only American to appear as the central character in a series of popular Japanese comic books entitled "***Benny the Jet***". His seminar will consist of fighting techniques, strategy and conditioning. Mr. Urquidez currently operates the famous "Jet Center" in California.

Nobuichi (Roy) Oyakawa has studied martial arts for more than 40 years and holds an 8th dan in Kobayashi Shorin-Ryu karate. He began his training in Okinawa in 1946 and continued his studies in America three years later. Oyakawa Sensei has also trained in kobudo and is a member of the United States Karate Alliance Kobudo Board. Oyakawa Sensei practices Zen, bonsai gardening and ikebana flower arranging. He is also proficient at playing the Japanese instrument, the samisen. Oyakawa Sensei will teach basics and kata for bo, sai and kama. He currently lives and teaches in California.

C. Bruce Heilman holds 7th dans in both karate and kobudo and a 3rd dan in Ju-Jitsu. He currently serves as the director of international relations for the Okinawa Kenpo Karate-Kobudo Federation (OKKKF). From 1984 to 1989 he was the U.S. Representative for Grandmaster Seikichi Odo and the OKKKF. Heilman Sensei is the chairman of the United States Karate Alliance Kobudo Board.

Heilman Sensei has written numerous books and articles on karate and kobudo and has given seminars throughout the country. His seminar will cover the history of Okinawan kobudo, different organizations and styles, and basics and kata for bo, sai and tunfa. He currently lives and teaches in Reading, Pennsylvania.



Osamu Ozawa

Robert H. Bowles will be teaching a seminar on the elements of kata applicable to all styles. This seminar will explore ways to improve one's form and kata. Bowles Sensei holds a 7th dan in Shuri-Ryu and is one of the eight chief instructors of that Okinawan style. He began studying in 1963 under the late Grandmaster Robert Trias and he is the president of the elite Trias International Society.

In 1973, Bowles Sensei became the first United States Karate Association competitor to win the triple crown in

kata, kumite and kobudo and he was the kata grand champion five times at the USKA's yearly nationals in the 1970s. He came out of retirement to win the title an unprecedented sixth time in 1987. Bowles Sensei currently lives and teaches in Fort Wayne, Indiana.

The three day seminar schedule is as follows: Friday, March 23rd - 10:00 a.m. to 1:00 p.m., registration; 1:00 p.m. to 5:00 p.m., C. Bruce Heilman, Kobudo, history and introduction to katas for bo, sai and tunfa; 5:00 p.m. to 7:00 p.m., break; 7:00 p.m. to 9:00 p.m., seminar by attorney Catherine Davis covering tax, legal and business aspects of operating a martial arts school.

Saturday, March 24th - 8:00 a.m. to 9:00 a.m., registration; 9:00 a.m. to noon, Fumio Demura, general seminar for all styles on basics, forms and fighting techniques; noon to 1:30 p.m., break; 1:30 p.m. to 5:00 p.m., Benny "The Jet" Urquidez, seminar on fighting skills and conditioning; 5:00 p.m. to 6:30 p.m., break; 6:30 p.m. to 9:00 p.m., Nobuichi Oyakawa, kobudo seminar covering basics and forms for bo, sai and kama.

Sunday, March 25th - 8:00 to 9:00 a.m., registration; 9:00 a.m. to noon, Robert Bowles, seminar on the elements of form; noon to 1:30 p.m., break; 1:30 p.m. to 4:30 p.m. Osamu Ozawa, general seminar for all styles on basics and form; 4:30 p.m. to 5:30 p.m., Osamu Ozawa, seminar on Bassai Dai and Kanku Dai katas (open only to persons familiar with the forms, additional $5.00 cost to seminar fee).

Although the seminars end at 9:00 p.m. on the first two days and at 5:30 p.m. on the third day, those daring to venture from their hotel rooms or other accommodations can find plenty to do in the Albuquerque area. The music scene in Albuquerque is jumping with nightclubs offering a wide range of entertainment. There are also several stand-up comedy clubs, community theater, cinemas and quaint neighborhood bars.

A variety of restaurants offer every type of cuisine imaginable. New Mexico is famous for its mexican food with its hot chili. Of course, you don't have to leave the Clarion at all. The hotel has

C. Bruce Heilman

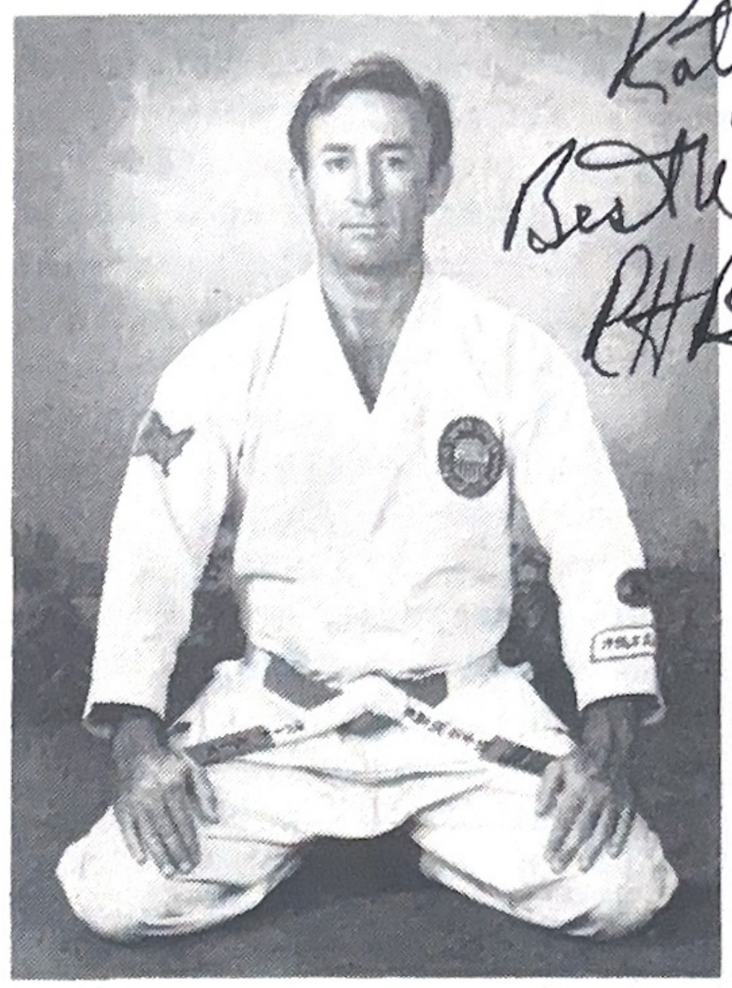
restaurants, coffee shops, a gift shop and a lounge with nightly entertainment.

For those who wish to make a vacation of it and extend their stay in Albuquerque, either before or after the seminars, the daily newspapers list happenings in the area. A rental car will be helpful, but check with the hotel to see what kind of shuttle services it offers.

Visual arts and exhibitions are plentiful at galleries throughout Albuquerque, particularly in the Old Town area. Old Town, originally settled in 1706, is the site of San Felipe de Neri Church, among the oldest Catholic churches in the country. Old Town also has many shops which feature southwestern arts and crafts and jewelry.

Within walking distance of Old Town is the New Mexico Museum of Natural History and the Albuquerque Museum. A short ride away is the Indian Pueblo Cultural Center, where the history of the state's Indian pueblos is graphically exhibited. Other museums and galleries include the Maxwell Museum of Anthropology, University Art Museum, Tamarind Institute Gallery, the Spanish History Museum and the National Atomic Museum.

For outdoor activities, consider the Rio Grande Zoo, the Rio Grande Nature Center in the bosque along the river and Petroglyph State Park. No visit to Albuquerque would be complete



Robert Bowles

without a trip to the top of the Sandia Mountains. The world's longest single-span tramway carries you 2.7 miles to the restaurant and observation deck, where a panoramic 15,000 square mile view awaits. Indian and Spanish missions ruins are but a day trip or less away. For the hardcore tourist, remember Santa Fe is but an hour or so north of Albuquerque, and Taos is less than three hours away.

Enjoy yourselves. Enjoy Albuquerque. See you at the seminars.

Tournament Review

The All-American Judo & Karate Academy held a minimum point tournament in Mesa, Arizona on January 13, 1990. The following persons took first places in their respective divisions: Black Belt Men, Mark Nilsen; Black Belt Women and Grand Champion Kata, Cathy Davis; Brown Belt Men, Brad Parker (kata and kumite): Brown Belt Women, Teresa Wittel; Colored Belt Men, Fernando Sanchez (kata) Mr. Coughlin (kumite); Colored Belt Women, Jay Johnson (kata) Aubrey Joy Corcoran (kumite); White Belt Men, Kerry Cifuni; 13 - 14 Advanced Male Juniors, Tom Campbell; 13 - 14 Advanced Female Juniors, Aubrey Joy Corcoran; 11 - 12 Advanced Male Juniors, Jason Blum; 11 - 12 Colored Belt Juniors, Maritza Wheeler (kata), Jason Blum (kumite); 11 - 12 White Belt Juniors, Jeff Rooney; 9 - 10 Colored Belt Juniors, Scott Wittel; 9 - 10 White Belt Juniors, Cristy Gustafson (kata) Josh Rooney (kumite); 7 - 8 Colored Belt Juniors, Betsy Blum (kata); Monique Wheeler (kumite); 7 - 8 White Belt Juniors, Michael Engum (kata), Jason Stolfo (kumite); 5 - 6 White Belt Juniors, Dustin Nissen; Junior Kyu Weapons, Tom Campbell.

A maximum point tournament was held on January 20, 1990, in Mandeville, Louisiana (right across the lake from New Orleans). Over 225 individual competitors competed for beautiful trophies. The kumite grand champion was Augustus "Pee Wee" Blanco and the kata grand champion was Cathy Davis. Michael Denler won the lightweight black belt division; Augustus "Pee Wee" Blanco the middleweight; and Mike Crane the heavyweight black belt division.Joe Dupaquier won the black belt men's kata division. Dawn Thomasen won the black belt women's kumite division.

The Rapides Karate Invitational sponsored by George Johnson was held on February 3, 1990 in Forest Hill, Louisiana. Mr. Johnson's tournament was a maximum point sanctioned event and was a great success with over 200 competitors. Mike Crane won the kumite grand championship and Joe Dupaquier won the kata grand championship. Scott Harrison took first place in men's black belt kata and lightweight black belt fighting. Mike Crane won the heavyweight black belt fighting and Mark Santos won the middleweight black belt fighting. Dawn Thomasen took first place in the black belt women's fighting division.

Tournament promoters, don't forget to send the *Bushido Bulletin* your tournament results, so that we may publish the results. The deadline date for the next *Bulletin* is April 30, 1990.

United States Karate Alliance World Championships Scheduled

The United States Karate Alliance World Championships are scheduled for July 13, 14 and 15, 1990 in New Orleans, Louisiana. The tournament will be held at the Hyatt-Regency located next to the Superdome. Competition will take place in the ballroom, which is over 25,000 square feet.

The room rates for the Hyatt-Regency are as follows: $59.00 for single occupancy; $65.00 for double occupancy; $73.00 for triple occupancy; and $81.00 for quad occupancy. In order to receive these prices, you must make your reservations prior to June 21, 1990 and mention the tournament. Your rooms may cost more if you make your reservations after June 21, 1990. The guaranteed convention rates will be extended three days prior to and three days following your actual convention dates, based on room availability. To make reservations for the Hyatt-Regency, phone (504) 561-1234 and ask for the United States Karate Alliance rate.

The events for Friday include the general membership meeting, weapons competition and team competition. All kata competition and children's kumite divisions will be held on Saturday. Adult kumite eliminations will be held on Sunday and finals will be on Sunday night. Included in this issue is a flyer for the World Championships so that you may make your plans to attend. The next issue of the *Bushido Bulletin* will contain more information on the World Championships.

School of the Quarter

The featured school of this quarter is the Mandeville Karate Training Center in Mandeville, Louisiana, owned and operated by Joe Dupaquier. Mr. Dupaquier has operated a karate school in Mandeville since 1984. This year, however, in between his time spent teaching, competing extensively in tournaments, and raising a family, Mr. Dupaquier spent his spare time building his own school. His building is 4,000 square feet and includes a 600 square foot lobby and 2,500 square foot raised wooden floor. His living quarters are attached to the school. Mr. Dupaquier has plans of adding a second floor weight room in the future to his school.

Mr. Dupaquier is a third dan in Tae Kwon Do and a student of Dr. David Jordan. He teaches every night and has approximately 110 students. Mr. Dupaquier's philosophy of the martial arts is evidenced by the three banners he has hanging in his school which state "DEDICATION", "DISCIPLINE" and "DETERMINATION". He believes that anyone can do the martial arts well if they put in the time and have a good attitude.

He particularly likes teaching children and states that he really enjoys watching the children improve and advance. He tells how one of his students joined karate only because he couldn't take wrestling. At first his attitude was not good, but eventually he started coming to class every day and even won a 2nd place at the USKA Nationals in Phoenix last year. Now he doesn't care if he ever wrestles again.

Mr. Dupaquier is a noted tournament competitor. He has been a National Points Champion in kumite, kata and weapons for many years with USKA and has won or placed several times at their national championships. He was unable to get a photo of his new school to the *Bulletin* in time for publication, however, he promises to send us one for a future issue. Congratulations on your new school Mr. Dupaquier and welcome to the Alliance.

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1990 Tournament Schedule

March 3, 1990
Albuquerque, New Mexico
Minimum Point
Tournament Director Melchor Chavez
(505) 877-6261

March 17, 1990
U.S. Regional Championships
Ruston, Louisiana
Maximum Point
Tournament Director Dr. David Jordan
(318) 255-3763

March 31, 1990
Northwest Tae Kwon Do 5th
Annual Championships
Open to all styles
Maximum Point
Cash prizes will not be awarded due to
Regulation by NM Athletic Commission
Children's Grand Championships
Santa Fe, New Mexico
Tournament Director Sherrie Schneider
(505) 473-9051

April 7, 1990
Southwest Regional Championships
Albuquerque, New Mexico
Maximum Point
Discount to Alliance Members
Trophies, for all divisions
Tournament Director James H. Hawkes
(505) 831-6202

April 21, 1990
Albuquerque, New Mexico
Minimum Point
Discount to Alliance Members
Tournament Director Gary Purdue
(505) 831-6202

April 21, 1990
Shaolin Classic Open Championships
Shreveport, Louisiana
Maximum Point
Tournament Director Johnny Lee
(318) 865-3578

May 5, 1990
Arkansas State Championships
Eldorado, Arkansas
Maximum Point
Tournament Director Mark Clark
(318) 865-3578

May 12, 1990
High Desert Open Karate Championships
Albuquerque, New Mexico
Maximum Point
For more information contact
Tournament Director Gerry Herrera
(505) 345-5797 or (505) 892-5242

June 2, 1990
Red Diamond Bayou Classic
Leesville, Louisiana
Maximum Point
Tournament Director Mike Crane
(318) 537-1277

July 13, 14
and 15, 1990
United States Karate Alliance World
Championships
Double Maximum Point
Hyatt-Regency
New Orleans, Louisiana
Tournament Director Dr. David Jordan
and James H. Hawkes
(505) 831-6202 or (318) 257-2651

This is a list of upcoming United States Karate Alliance sanctioned tournaments. These tournaments are definitely scheduled, unless otherwise indicated. You may obtain more information concerning the location of the tournaments by contacting the tournament directors listed above or the United States Karate Alliance at P.O. Box 8643, Albuquerque, New Mexico 87198 or (505) 831-6202.

Upcoming Seminars

March 1, 2, 3
and 4, 1990
The University of New Mexico Karate Club and the Kirtland Bushido-Kai will be co-sponsoring a seminar taught by Steve Bennest in Albuquerque, New Mexico. The following will be taught -March 1, shotokan kata and pressure points; March 2, aikido, falls and rolls; March 3, self-defense; March 4, self-defense and ninjitsu. Cost is $30.00 prior to February 22, 1990, and $35.00 thereafter. For more information contact Mike Heister at (505) 892-8794 or David Hubbard at (505) 281-1779.

March 23, 24,
and 25, 1990
The United States Karate Alliance annual seminar will be held in Albuquerque, New Mexico. The seminar will be a three-day event. Information in feature article. Alliance members will receive a discount on the seminar fees. Three-day or single-day packages will be available.

April 14, 1990
Heilman Karate-Kobudo Seminar, by Kyoshi C. Bruce Heilman. Contact Sensei Hoover, Hoover Martial Arts, R.D. #1, Box 261C, Roaring Spring, Pa. 16673

April 14, 1990
Shotokan seminar on kata and kumite. Sponsored by Shotokan Karate Club in Albuquerque, New Mexico and taught by Richard Willard, 3rd dan. For more information, contact Richard Willard at (505) 844-0994.

May 19, 1990
Heilman Karate-Kobudo Seminar, by Kyoshi C. Bruce Heilman. Contact Renshi Mike Kriegisch, Kriegisch Martial Arts, 2 Erie Avenue, St. Marys, Pa. 15857

August 4, 1990
Heilman Karate-Kobudo Seminar, by Kyoshi C. Bruce Heilman. Contact Renshi Mike Kriegisch, Kriegisch Martial Arts, 2 Erie Avenue, St. Marys, Pa. 15857

September 15, 1990
Heilman Karate-Kobudo Seminar, by Kyoshi C. Bruce Heilman. Contact Sensei Heilman, Heilman Karate Academy, Rt. 61 & Cleveland Avenue, Reading, Pa. 19605

October 20, 1990
Heilman Karate-Kobudo Seminar, by Kyoshi C. Bruce Heilman. Contact Sensei Doug Hoover, Hoover Martial Arts, R.D. #1, Box 261C, Roaring Spring, Pa. 16673

November 10, 1990
Heilman Karate-Kobudo Seminar, by Kyoshi C. Bruce Heilman. Contact Renshi Mike Kriegisch, Kriegisch Martial Arts, 1 Erie Avenue, St. Marys, Pa. 15857

The Holistic Martial Artist

Karate Injuries and Prevention

By Alan L. Altman, MD
Orthopaedic Bone & Joint Specialists, P.A.
Albuquerque, New Mexico

The Martial Arts have gained tremendous popularity in the United States in the last decade. Part of the rising enthusiasm is based on our interest in sporting activities that provide general conditioning, exhilaration, competition and the ability for families to participate together. The Martial Arts have also gained favor in the film industry and the "heroes" have now become role models for American youth. Unfortunately, there is also an ever present awareness of the need to protect oneself in everyday situations.

Many styles of Martial Arts are currently being taught including *Karate, Tae Kwon Do, Kempo, Kung Fu, Kendo* etc. It is estimated that there are more than 200,000 Martial Arts students in the United States. Approximately 20% (40,000) are children. The "Gentle Arts", *Judo* and *Jujitsu,* have a different training philosophy and participants suffer from different kinds of injuries. *Judo* and *Jujitsu* are therefore discussed separately in medical reports.

Until the 1980's, most reports in the medical literature concerning injuries in the Martial Arts came from Europe. With the rapid gain in popularity in this country, a few recent reports are now available analyzing Martial Arts injuries. The goals of these reports are to study the types of injuries, parts of the body involved and importantly, to provide suggestions on prevention.

It is estimated that 25% to 40% of participants will suffer some form of injury. Only 5% of these are considered "severe" causing withdrawal from competition or requiring hospitalization, surgery or causing death. This estimate may be low, as many injuries are not reported to instructors or physicians. Injuries occur more often in tournaments than in practice sessions and generally during the *Kumite* (fighting). Injuries in *Kata* (forms) and weapons are rare and generally not severe. Breaking causes few injuries, but they can be significantly more severe and deforming. Males are injured approximately 3 times more often than females, which probably reflects a greater number of male participants. There is no reliable information concerning the number of injuries to children. Interestingly, studies clearly demonstrate that injuries are significantly less common in the more advanced belts, probably due to their increased experience, control and mature attitude. For the purpose of discussing injuries, the body is divided into three parts:

1) the head and neck
2) the trunk and abdomen
3) the four extremities

Reports differ as to whether the head and neck or extremities are the most common. Head and neck injuries are most often caused by punches and include concussions, broken noses and facial bones, bloody noses (epistaxis), and black eyes (orbital hematomas). However, injuries caused by kicks are more likely to be "severe". Extremity injuries are most commonly contusions (bruises), lacerations (cuts), sprains (a ligament injury to a joint), and strains ("pulled muscles"). Fractures (broken bones), dislocations and nerve injuries occur less frequently, but with more significant consequences.

It is estimated that 72% of all Martial Arts injuries can be PREVENTED with the use of protective gear. These include helmets or face masks, hand and foot pads, groin cups and breast shields. Additional gear is also available. Instructors play perhaps the most important role in injury prevention. Proper conditioning involves instruction in stretching, strength and endurance. Control in the execution of kicks and punches is also stressed. In addition, the teaching of a proper attitude and the development of good judgement will also decrease the risks of injury to the contestant and his opponent.

Overall, national studies show that the risk of injury in the Martial Arts is considerably less than other sports such as football, basketball, and wrestling. The Martial Arts can be quite fulfilling in achieving America's recreational goals and still be a safe sport for its participants. In upcoming issues of the *Bushido Bulletin.* I will discuss some of the specific types of injuries including their treatments and preventions.

(Dr. Altman is an orthopaedic surgeon with Orthopaedic Bone & Joint Specialists, P.A. in Albuquerque, New Mexico. He attended medical school at the University of California, in San Diego and did his residency at Washington University in St. Louis. Dr. Altman treats sports-related injuries frequently in his practice.)

ANNOUNCEMENTS

FREDRICK ABSHER APPOINTED AS REGIONAL REPRESENTATIVE

Frederick Absher has been appointed Regional Representative for Region 1. Region 1 consists of Arizona, Colorado, Montana, New Mexico, Utah and Wyoming. Mr. Absher is a 7th dan in Kojasho and also hold dan rankings in Tae Kwon Do, Japanese Kempo and Hsing I. In 1973, he was the captain of the US team at the First World Tae Kwon Do Championships in Seoul, Korea. He was undefeated at the championships and the United State Team won the second place overall. Alliance members may contact Mr. Absher at (505) 281-5294, 206 San Mateo S.E., Albuquerque, NM 87110.

(Announcements continued on page 8).

NOBUICHI (ROY) OYAKAWA APPOINTED TO KOBUDO ADVISORY BOARD

Mr. Oyakawa has been appointed to the Alliance Kobudo Board. Mr. Oyakawa holds an 8th degree in Shorin-ryu. He is one of the featured weapons instructors at the Alliance March seminar. Mr. Oyakawa may be contacted through Mr. Pete Rabino at the Laguna Beach Karate Schools, in California.

There comes a time in every bu
where the owner must ask the bu
question, "Should I incorporate?"
column is not an attempt to answe
question for you, but instead to pr
information for you to decide.
discussed in a previous column,
state has different laws and regula
and a visit to your lawyer is str
recommended to examine
particular circumstances.

The primary reason pe
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in the event problems occur with
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previous column, your wages
property may be attached to pay
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serious accident or lawsuit arise.
martial arts though is a phy
endeavor which frequently inv

(Catherine Davis is an attorney
the corporate counsel for the Uni

Artist

es), lacerations (cuts), sprains (a
ent injury to a joint), and strains
ed muscles"). Fractures (broken
), dislocations and nerve injuries
less frequently, but with more
icant consequences.

; estimated that 72% of all Martial
njuries can be PREVENTED with
e of protective gear. These include
ts or face masks, hand and foot
groin cups and breast shields.
tional gear is also available.
uctors play perhaps the most
rtant role in injury prevention.
er conditioning involves instruction
retching, strength and endurance.
rol in the execution of kicks and
hes is also stressed. In addition, the
ning of a proper attitude and the
lopment of good judgement will
decrease the risks of injury to the
estant and his opponent.

verall, national studies show that
isk of injury in the Martial Arts is
iderably less than other sports such
otball, basketball, and wrestling.
Martial Arts can be quite fulfilling
chieving America's recreational
s and still be a safe sport for its
icipants. In upcoming issues of the
hido Bulletin. I will discuss some of
specific types of injuries including
r treatments and preventions.

Dr. Altman is an orthopaedic
eon with Orthopaedic Bone & Joint
cialists, P.A. in Albuquerque, New
ico. He attended medical school at
University of California, in San
go and did his residency at
hington University in St. Louis. Dr.
nan treats sports-related injuries
uently in his practice.)

BUICHI (ROY) OYAKAWA POINTED TO KOBUDO VISORY BOARD

Oyakawa has been appointed to the
ance Kobudo Board. Mr. Oyakawa
ds an 8th degree in Shorin-ryu. He is
of the featured weapons instructors
he Alliance March seminar. Mr.
kawa may be contacted through
Pete Rabino at the Laguna Beach
ate Schools, in California.

The Dojo Business Guide

By Catherine Davis

There comes a time in every business where the owner must ask the burning question, "Should I incorporate?". This column is not an attempt to answer that question for you, but instead to provide information for you to decide. As I discussed in a previous column, every state has different laws and regulations and a visit to your lawyer is strongly recommended to examine your particular circumstances.

The primary reason people incorporate is to avoid personal liability in the event problems occur with their business. In the legal world, a person who operates a business without incorporating is personally liable for any debts or judgments against his business. A judgment or debt against the business is a judgment or debt against the owner. As discussed in the previous column, your wages and property may be attached to pay any judgments against you if you are not incorporated.

Incorporating a business however creates a legal "person" who conducts the business and is the "person" liable for any debts or judgments. When the corporation is sued, the corporation's property is the only property which may be attached to pay any judgments.

A martial arts school owner may question why he should be concerned with liability and lawsuits. Many school owners and tournament promoters feel that they have operated their schools or tournaments without ever having a serious accident or lawsuit arise. The martial arts though is a physical endeavor which frequently involves contact between individuals. We all strive to make it as safe as possible for all students, however, accidents do happen. Lawsuits in this country have risen dramatically in the last ten years. The likelihood of a lawsuit arising from an accident in the martial arts has also increased.

If an accident occurs in your school and the student sues, if your business is incorporated, the proper individual to sue would be the corporation. If the corporation loses in the lawsuit, the judgment would then be against the corporation. In order to collect on that judgment, the student would only be able to proceed against the property of the corporation.

Don't get the impression though that incorporating solves all of your problems regarding lawsuits or liability. There is what is known as "piercing the corporate veil" to attempt to hold you individually liable even though your business is incorporated. The corporate veil is rarely pierced, but there are some instances where this may occur such as if your corporation is merely created to defraud, or the individuality or separateness of the corporation and the individual is not distinct so that use of the corporate form creates an inequitable result. There is not one particular factor which may cause the courts to disregard the corporate entity, usually a combination of factors is necessary. Some of the factors which may be considered are: the stockholders use the corporation to conduct personal business or for personal benefits such as taking corporate funds or property for personal purposes; stripping the corporation of its assets to avoid liability or for personal gain; mixing corporate and personal assets; conducting your business as a sole proprietorship; failing to avoid corporate formalities, etc. The corporation is a separate legal entity and must be treated as such. As a stockholder or officer of the corporation, your actions may also be so grossly negligent or fraudulent so as to expose you to liability. An example of this may be if you allow unsafe conditions to exist in your school or teach or allow obviously dangerous techniques (i.e. groin kicking techniques without a cup).

As stated earlier, the corporation entity is rarely pierced to allow for individual liability.Not only does the corporation help protect your school in the event of an accident, it also protects you individually in the event the corporation incurrs a debt which it is unable to pay. If you are incorporated, however, you must be certain to state on all debts incurred, that it is a corporate debt. This involves signing all promissory notes, credit applications, leases, etc. which are debts of the corporation as an officer of the corporation and stating specifically that your business is a corporation.

Becoming a corporation involves more than merely stating you are a corporation. The next issue of the *Bushido Bulletin* will discuss the various corporate forms and the tax consequences. Subsequent issues will discuss how to incorporate if your state follows the Model Business Corporation Act.

(Catherine Davis is an attorney with Fairfield, Farrow, Hunt, Reecer & Strotz, P.C. in Albuquerque, New Mexico. She is also the corporate counsel for the United States Karate Alliance.)

(Announcements Continued from page 6)

PATCHES AVAILABLE FOR SALE

The Alliance patches are available for sale. If your school is a registered Alliance school, you may purchase the patches directly from your instructor for $5.00 each. You may also purchase the patches directly from Alliance headquarters, P.O. Box 8643, Albuquerque, New Mexico 87198, for $5.00. The patch should be worn centered over the chest on the left-hand side of your martial arts uniform. If you have a conflict with other patches which your system requires you to wear in that spot, you may wear the Alliance patch on the left arm in the shield position.

WE'RE SORRY, BUT...

If you are not a member of the United States Karate Alliance, we will be removing you from our mailing list shortly. We hope that you will decide to join us soon. If you have any questions or want to know upcoming events we have planned, please contact Alliance headquarters at (602) 831-6202, P.O. Box 8643, Albuquerque, New Mexico 87198.

JOE DUPAQUIER SELECTED AS LOUISIANA STATE REPRESENTATIVE

Joe Dupaquier has been appointed Louisiana State Representative for the Alliance. Mr. Dupaquier is a 3rd dan in Tae Kwon Do and operates a school in Mandeville, Louisiana. Mr. Dupaquier has been ranked first in the United States Karate Association points standings numerous times in kata, kumite and kobudo. He has also placed or won in kata and kumite many times at USKA's Nationals. Mr. Dupaquier may be contacted at 173 Sandra Del Mar, Mandeville, Louisiana 70448, (504) 626-7608.

ARKANSAS STATE REPRESENTATIVE SELECTED

Mark Clark has been selected as the Arkansas State Representative of the Alliance. Mr. Clark is a 3rd dan in Isshinryu Karate and operates a school in Eldorado, Arkansas. Mr. Clark has been ranked nationally in both kata and kumite by the United States Karate Association. Alliance members may contact Mr. Clark at (501) 862-1107, 927 Kenwood, Eldorado, Arkansas, 71730.

IF YOU DID NOT RECEIVE OUR FIRST NEWSLETTER

We have heard from some individuals that they have not received our first newsletter in December, 1989. Because we have such a large membership and mailing list, we send our information bulk mail and unfortunately sometimes the post office fails to deliver some pieces. Please contact us and we will send you a copy of our first newsletter.

NEW MEXICO TOURNAMENTS AND CASH PRIZES

Tournament promoters have discovered that cash prizes awarded at martial arts tournaments in New Mexico are subject to regulation by the New Mexico Ahletic Commission. The Commission requires promoters to obtain a promoter's license and post a $10,000 cash or surety bond. Tournament promoters in other states are encouraged to investigate what regulations apply to their tournaments and to comply with all rules and regulations.

United States Karate Alliance
P.O. Box 8643
Albuquerque, New Mexico 87198